

A Pentecost Prayer for the month of May

Heavenly Father,

In these troubled times we need your help, just like those first disciples did when Jesus came back to you after his resurrection. They must have wanted him to stay with them. They must have felt puzzled and bereft – and wondered how to go on.

But you, Lord, knew a better way. You sent them a helper, the Holy Spirit to fill them with your life. We thank you so much that the same Spirit will be our helper too, if we are willing to ask you for him. We will be able to face each day, each challenge, with your Spirit living in us to guide and empower us, to enable us to carry on even when we don't understand.

So, we pray, *come Holy Spirit, fill us, encourage us to carry on sharing your love and life and truth*, in the name of Jesus.
Amen.

By Daphne Kitching